Information for
International Master’s Students

Spring Semester 2024
Cecilia Caruso
Project Manager / International Student Advisor
Content

- Introduction
- Enrolment at UZH by February 12, 2024
- Administrative Issues
- Organizational Issues
- UZH and other Services
- Living in Zurich
Global Student Experience
– Visa and entry into Switzerland
– Registration in Zurich
– Health insurance
– Getting settled in Zurich
– ...

Contact:
Cecilia Caruso
+41 44 634 20 28
incoming@int.uzh.ch

UZH Main Building
Rämistrasse 71, 8006 Zürich
KOL-E-17
Tue, Wed, Fri 09:30-12:30
In brief: follow instructions in your UZH Acceptance Letter

In more detail:

1. Use [contact form](#) to provide Swiss address (where you can receive post)
2. Invoice for semester fees will be made available to you online; pay it as soon as possible
3. Once UZH receives your payment, you will be sent your proof of matriculation vouchers and your student card by post, plus your UZH credentials online
4. Use your UZH credentials (shortname, password) to book your modules

Please note that it can take up to two weeks to receive your documents by post.
Administrative Issues
Global Student Experience

Student Card

- Make sure to **validate your student card** (print your information on your student ID)
- This includes your study level, student number, VSUZH and ASVZ logos
- Some functions of the UZH Card are also available electronically on the **UZH now app**

You will need the card for
- Identification at the University (e.g. at examinations, for libraries etc.)
- Pass for special prices in the cafeterias
- Print, copy and scan at UZH multifunction devices: **UZH Print plus**
- Student discounts outside of the university
- Electronic access to buildings and facilities if the card is enabled for access rights
Global Student Experience

Technical Setup and Support

- Your UZH login data for the will be made available for download within 72 hours. The data can be found in a separate password letter in the Application Portal.

- Technical Setup: Getting Started

- Need assistance? Technical Support

- Your UZH Email Account: First steps in setting up your account. Make sure you check your UZH e-mail account regularly! With your UZH email account you will have access to Microsoft 365 (Outlook). UZH uses two-factor authentication.
Student Portal

- Check your course schedule* and your exam results on your [UZH Student Portal](through Microsoft Online)
- UZH Student Portal → Tutorials

*Modules will only show up in your course schedule after you have booked them.

If you have **IT problems with either**, please visit or call the [IT Service Desk](#)

OLAT

OLAT (= Online Learning And Training platform) is used by most lecturers at UZH to manage their courses and to share course material with you.

- [Login OLAT](#) (use your UZH login data)
- [OLAT Tutorials](#)
Module Booking – Module Cancelation

- You can only book modules **during the module booking period** / after you have **paid your semester fees**
- Take into account the different **booking and cancellation deadlines**
- Don’t miss cancellation deadlines for module you no longer want! If you miss it and don’t complete the module, it will **reflect as a failed attempt in your transcript**.

Helpful information on booking modules (or contact your faculty directly): **General information** on how to book modules, requirements etc.

- **Canceling exams**
  - Petitions for canceling exams due to illness must be handed in to the dean’s office of your faculty **before** the exam is taken.
Organizational Issues
Registering for a Residence Permit

- Within **14 days of arrival** in your district of residence (and in the Canton that issued your visa).
- If you live **outside the city of Zurich** you will need to visit the so-called «Einwohnerkontrolle»
- Make sure to keep your residence permit on you at all times, esp. when traveling
- Don’t forget that you need to **extend your residence permit** every year

Registration and necessary documents
In Brief

- Under Swiss law it is mandatory to get sufficient health insurance coverage **within 3 months** of your arrival.
- After registering for a residence permit you will receive a letter stating the same from the municipal health authorities. **Please keep this letter.**

**We will be holding an information session dedicated solely to health insurance in March 2024 (details to follow).**

In the meantime, have a look at our ➔ **Information Sheet for Health Insurance in Switzerland** to get an idea of what you will need to do.
Administrative Support (Student Services)

– After enrollment, and for anything related to fees, exam results, student cards etc. please contact the Student Administration Office.

– Before enrollment, and for anything related to enrollment, submitting extra documentation to your admission etc. please contact the Admissions Office.

General Advisory Services
UZH (Advisory) Services Overview

→ Career Services
→ Disability Office
→ ETH/UZH Housing Office
→ IT Service Desk
→ Office for Gender Equality
→ Student Advisory Services

→ Student Associations
→ UZH “How-Tos” (Youtube)
→ UZH now App
Learning Languages at the Self-Access Center

Grüezi Guten Tag Bonjour Buongiorno Bun Di Hello Buenos Días Goedendag God Dag Hyvä Päivä Dzień Dobry Merhaba Tungjatjeta Jó Napot Zdravstvuyte Γεία σας こんにちはこんにちは こんにちはこんにちは
About Us

- **Self-Access Center (SAC) / Selbstlernzentrum (SLZ):** We are a library for autonomous learning of foreign languages
- **Staff:** two teachers from the language center and ten students, each of us responsible for at least one language

Our Teaching Activities

- The Self-Access Center offers a range of learning activities (e.g. language get-togethers, writing workshops, games events, film clubs, and book clubs). These are designed to support your autonomous and cooperative language learning.

Information Session int. MA, Spring 2024, Cecilia Caruso
Locations and Opening Hours

- The Language Center's Self-Access Center (SAC) is located at two campuses, at the University Zentrum campus at Rämistrasse 74 and at the ETH Hönggerberg campus in the Architecture and Civil Engineering Library (HIL E2).

- Important: You will need a [Swisscovery account](#) in order to use their services
School for Transdisciplinary Studies

Broaden your horizons and become innovative creators of tomorrow!

With the UZH School for Transdisciplinary Studies (STS), you can:

- gain interdisciplinary knowledge and learn how to create an impact in areas such as sustainability, digital transformation, ethics, civic engagement, the future of mobility, and many more
- develop unconventional and innovative solutions
- acquire transversal competencies and Future Skills
- collaborate with students from various backgrounds and find inspiring new connections
- earn ECTS Credits

www.sts.uzh.ch

February 2024 Information Session int. MA, Spring 2024, Cecilia Caruso
About the ASVZ

- Academic Sports Association Zurich/Akademischer Sportverband Zürich
- University sports organization of Zurich (ETH Zurich/University of Zurich/ ZFH)
- offers all students, employees and further members of the universities a voluntary sports program
- five main sport centers
  - Polyterrasse
  - Irchel
  - Fluntern
  - Hönggerberg
  - Winterthur
- different further locations in Zurich (also in Winterthur and Wädenswil)
Participation

Welcome to the ASVZ!
Register online via ASVZ app or asvz.ch and start moving.

NEED HELP?

asvz.ch/welcome
asvz.ch/willkommen

Sportarten, Sportanlagen, Events, ...

Individuelles Training, Alle 16:10 - 17:40
FITNESS
Sport Center Polyterrasse
14 Plätze frei
EINGESCHRIEBEN
PLATZ-NR. 3

Training, Alle 18:30 - 20:00
JUDO
Sport Center Polyterrasse
Elie Guzzi
2 Plätze frei
JETZT EINSCHREIBEN

Dienstag, 15. September
16:10 FITNESS
18:30 JUDO
Psychologische Beratungsstelle

Psychological Counseling Services
Psychological Counseling Services ➔ (Psychologische Beratungsstelle PBS)

- Professional counseling can help you overcome difficult phases in life, troubles in your studies and conflicts arising during the course of doctoral study. We are here to offer quick and effective support – also in the case of an acute crisis. Our therapists are all clinical psychologists with qualifications in psychotherapy.

- The counseling services are available to all matriculated students and PhD candidates at UZH and ETH Zurich.

- The sessions are confidential and free of charge.

- We offer counseling in German, English, Dutch, French and Polish, and one counseling session lasts 30–50 minutes.
You can come to us with all kinds of issues, for example

- problems in a relationship or family problems
- dealing with stress, test anxiety, procrastination, writer’s block, starting a phd, conflict management for phd candidates
- cultural integration
- psychological assessment
- crisis intervention
- …

Personal Counseling

Please arrange an appointment by phone 044 634 22 80 or e-mail: pbs@sib.uzh.ch.

We are also available during the semester breaks.

Our offices are at Plattenstrasse 28, 8032 Zürich
Representing each and every student and their interests toward the university, the public and political actors.

At UZH you’ll find three types of student organizations;

*Fachvereine* representing the students of a subject

*StudOrgs* for a specific topic (ex. culture, ecology, sport...)

and *VSUZH, your student association*

For an overview simply google [uzh student organizations]
SERVICES AND PROJECTS

Free legal consultation for any questions around your flat, work, exams and all else.

Our Impulsfabrik a hub for any new projects you’d like to launch around the UZH.

Nightline offers psychological counsel regarding any issues around family, friends, love, stress, sleep...
Great having you at UZH!
Get in touch and stay up to date:
info@vsuzh.ch
www.vsuzh.ch
Life in «Züri»
Useful Apps and Information

Apps for Public Transportation

- → SBB (for Switzerland and beyond, plus you can get tickets directly on the app)
- → ZVV (for Zurich)

Other resources

- App for a → map of Switzerland (for hiking etc.)
- → TWINT for payments/transferring money easily (you will need a Swiss bank account for this)

More Resources

- → Things to do in Zurich
- → Events in Zurich
- → KulturZüri for all kinds of things
- → Stadtkonzerte for concerts (page in German)
- → Living in Zurich
Thank you!