



# May We Introduce Ourselves?

# **Global Student Experience**

- Visa and entry into Switzerland
- Registration in Zurich
- Health insurance
- Getting settled in Zurich
- • •

#### Contact

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# **UZH Main Building**

Rämistrasse 71 8006 Zürich KOL-E-17

https://www.int.uzh.ch/en/in/degree-seeking-students.html

# **Enrollment at UZH by September 9, 2024**

#### In brief

Follow instructions in your UZH Acceptance Letter

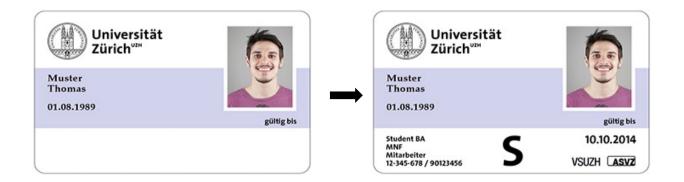
#### In more detail

- Use → contact form to provide **Swiss address** (where you can receive post)
- Invoice for semester fees will be made available to you online; pay it as soon as possible
- Once UZH receives your payment, you will be sent your proof of matriculation vouchers and your student card by post at the address you provided, plus your UZH credentials online via the application portal
- Use your UZH credentials (shortname, password) to book your modules etc.

Please note that it can take up to two weeks to receive your documents by post.

# **Student Card**

Make sure to → validate your student card (print your information on your student ID). This includes your study level, student number, VSUZH and ASVZ logos



#### You will need the card for

- Identification at the University (e.g. at examinations, for libraries etc.)
- Pass for special prices in the cafeterias
- Print, copy and scan at UZH multifunction devices: → UZH Print plus
- Student discounts outside of the university
- Electronic access to buildings and facilities if the card is enabled for access rights
- Some functions of the UZH Card are also available electronically on the → UZH now app

# **Technical Set Up and IT-Support**

## **Your UZH Credentials (Login Information)**

Your UZH login data for the will be made available for download within 72 hours of completion of the enrolment process. The data can be found in a separate password letter in the → Application Portal

**Technical Setup:** → Getting Started

Need assistance? → Technical Support

#### **Your UZH Email Account**

→ First steps in setting up your account. Make sure you check your UZH e-mail account regularly! With your UZH email account you will have access to → Microsoft 365 (Outlook). UZH uses **two-factor authentification.** 

# **Student Portal and OLAT**

#### **Student Portal**

Check your course schedule and your exam results on your → UZH Student Portal (through Microsoft Online). Modules will only show up in your course schedule after you have booked them.

#### **OLAT**

OLAT (= Online Learning And Training platform) is used by most lecturers at UZH to manage their courses and to share course material with you.

→ Login OLAT (use your UZH login data)

If you have **IT problems with either**, please visit or call the → IT Service Desk

# **Module Booking - Module Cancelation**

- You can only book modules during the module booking period / after you have paid your semester fees
- Take into account the different → booking and cancellation deadlines
- Don't miss cancellation deadlines for module you no longer want! If you miss it and don't complete the module, it will reflect as a
  failed attempt in your transcript.
- Canceling exams: Petitions for canceling exams due to illness must be handed in to the dean's office of your faculty before the exam
  is taken.

Helpful information on booking modules (or contact your faculty directly): → General information on how to book modules, requirements etc.

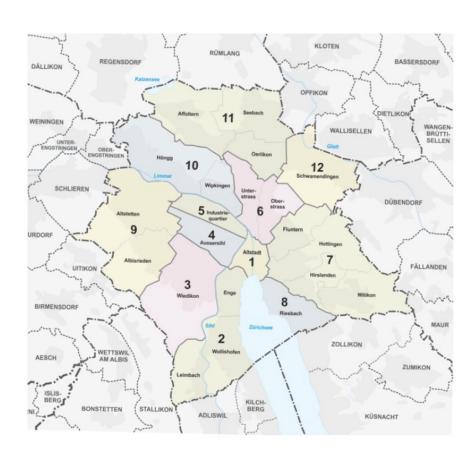
# Registration at the Personenmeldeamt

# **Registering for a Residence Permit**

- Within 14 days of arrival in your district of residence (and in the Canton that issued your visa) → Registration and necessary documents
- If you live outside the city of Zurich you will need to visit the so-called «Einwohnerkontrolle»
- Make sure to keep your residence permit on you at all times, esp. when traveling
- Don't forget that you need to → extend your residence permit every year

## **Extending your Residence Permit: Required Documents**

- Renewed proof of sufficient financial means (if you required a visa), or a letter stating that your finances will be covered (if you didn't need a visa)
- Confirmation of matriculation (≠ proof of enrollment) this must be ordered from the Student Administration Office



# **Health Insurance**

#### In Brief

- Under Swiss law it is mandatory to get sufficient health insurance coverage within 3 months of your arrival
- After registering for a residence permit you will receive a letter stating the same from the municipal health authorities. Please keep
   this letter

We will be holding an information session dedicated solely to health insurance in October 2024 (details to follow).

In the meantime, have a look at our <u>Factsheet "Health Insurance in Switzerland" (PDF, 144 KB)</u> and <u>Instructions: How to Apply for an Exemption (PDF, 1 MB)</u> to get an idea of what you will need to do.

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# **UZH Services**

#### **Administrative Support (Student Services)**

After enrollment, and for anything related to fees, exam results, student cards etc. please contact the → Student Administration Office Before enrollment, and for anything related to enrollment, submitting extra documentation to your admission etc. please contact the → Admissions Office

#### **Services Overview**

- → Student Affairs and Advisory Services (overview)
- → Career Services
- → Disability Office
- → ETH/UZH Housing Office
- → Office for Gender Equality and Diversity
- → Against Sexual Harassment
- → Psychologial Counseling Services
- → Student Associations
- → UZH "How-Tos" (Youtube)
- → <u>UZH now App</u>

Next slides: activities at UZH





# Learning Languages at the Self-Access Center

Grüezi Guten Tag Bonjour Buongiorno Bun Di Hello Buenos Días Goedendag God Dag Hyvää Päivää Dzień Dobry Merhaba Tungjatjeta Jó Napot Zdravstvuyte Γεια σας 你好 こんにちは გამარჯობა

# **Self-Access Center**

#### **About Us**

- We are a library for autonomous learning of foreign languages
- Staff: two teachers from the language center and ten students, each of us responsible for at least one language

# **Our Teaching Activities**

The Self-Access Center offers a range of learning activities (e.g. language get-togethers, writing workshops, games events, film clubs, and book clubs). These are designed to support your autonomous and cooperative language learning

# **Locations and Opening Hours**

- The Language Center's Self-Access Center (SAC) is located at two campuses, at the University Zentrum campus at Rämistrasse 74 and at the ETH Hönggerberg campus in the Architecture and Civil Engineering Library (HIL E2).
- Important: You will need a → Swisscovery account in order to use their services

→ Self-Access Center (SAC) / Selbstlernzentrum (SLZ)

# ACADEMIC SPORTS ASSOCIATION ZURICH









# **ASVZ**

The university sports organization of Zurich (ETH Zurich/University of Zurich/ ZFH) offers all students, employees and further members of the universities a voluntary sports program. There are **five main sport centers** and most of the courses on offer are **free of charge** for students.

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#### Locations

- Polyterrasse
- Irchel
- Fluntern
- Hönggerberg
- Winterthur
- different further locations in Zurich (also in Winterthur and W\u00e4denswil)

→ Academic Sports Association Zurich/Akademischer Sportverband Zürich

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# Akademischer Sportverband Zürich

Sport Center Polyterrasse ETH Zentrum 8092 Zürich 044 632 42 10 info@asvz.ch asvz.ch







# Psychologische Beratungsstelle

Psychological Counseling Services



# **Psychological Counseling Services**

#### **Services**

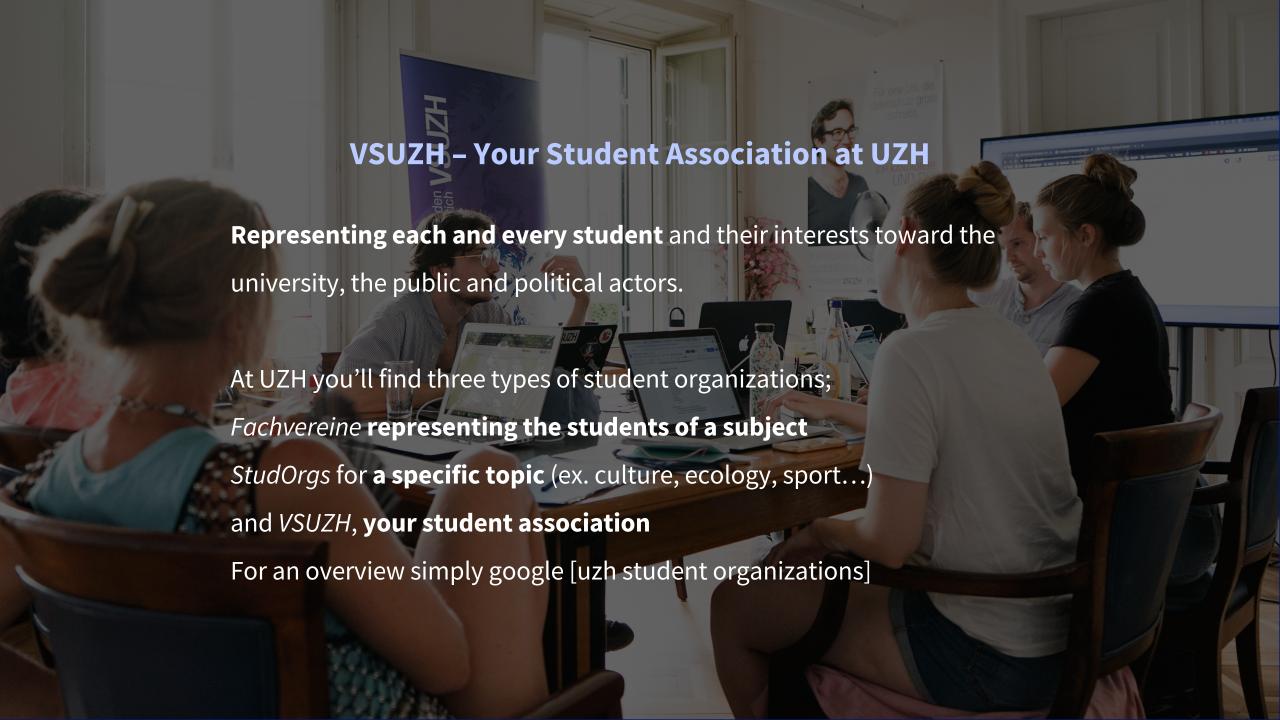
- Professional counseling can help you overcome difficult phases in life, troubles in your studies and conflicts arising during the course of doctoral study. We are here to offer quick and effective support – also in the case of an acute crisis. Our therapists are all clinical psychologists with qualifications in psychotherapy
- The counseling services are available to all matriculated students and PhD candidates at UZH and ETH Zurich
- The sessions are confidential and free of charge
- We offer counseling in German, English, Dutch, French and Polish, and one counseling session lasts 30–50 minutes

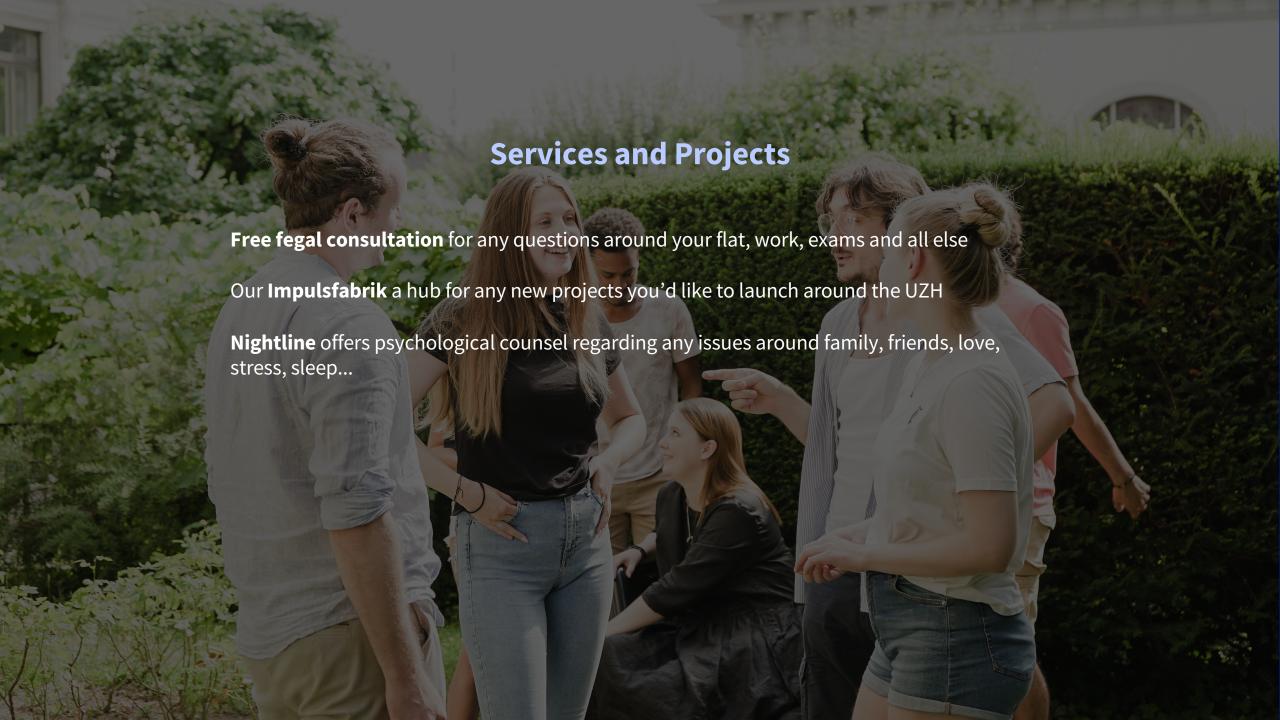
#### You can come to us with all kinds of issues, for example

- problems in a relationship or family problems
- dealing with stress, test anxiety, procrastination, writer's block, starting a phd, conflict management for PhD candidates
- cultural integration
- psychological assessment
- crisis intervention

→ Psychologische Beratungsstelle (PBS)









# **Life in Zurich**





# Contact

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