Information for International Master’s Students

Spring Semester 2023
Cecilia Caruso,
International Student Advisor
Global Student Experience

Program

- Introduction
- Matriculation
- Administrative Issues
- Organizational Issues
- UZH Services
- Further Services
  - Self-Access Services
  - ASVZ
  - Psychological Counseling Services
  - VSUZH
- Living in Zurich

February 2023
Information Session int. MA, Spring 2023, Cecilia Caruso
Global Student Experience

- Visa and entry into Switzerland
- Registration in Zurich
- Health insurance
- Getting settled in Zurich
- ...

Contact:
Cecilia Caruso
+41 44 634 20 28
incoming@int.uzh.ch
(availability: Mon, Tue, Thu)

UZH Main Building
Rämistrasse 71, 8006 Zürich
KOL-E-17
Mon – Fri 09:30 – 12:30
In brief: follow instructions on your UZH Acceptance Letter

In more detail:

1. Use contact form to provide Swiss address (where you can receive post)
2. Invoice for semester fees will be made available to you online; pay it as soon as possible
3. Once UZH receives your payment, you will be sent your proof of matriculation vouchers and your student card by post, plus your UZH credentials online
4. Use your UZH credentials (shortname, password) to book your modules

Please note that it can take up to two weeks to receive your documents by post.
Administrative Issues
Global Student Experience

Student Card

- Validating your student card = print your information on your student ID.
- This includes your study level, student number, VSUZH and ASVZ logos
- ➔ «Validation Stations»

You will need the card for
- Identification at the University (e.g. at examinations, for libraries etc.)
- Pass for special prices in the cafeterias
- Print, copy and scan at UZH multifunction devices: ➔UZH Print plus
- Student discounts outside of the university
- Electronic access to buildings and facilities if the card is enabled for access rights
Contact Details and Email

Change your contact information on the UZH Student Portal

- E.g. your home Address if you move
- You can do this → here

Your UZH Email Account

- Check your UZH e-mail account regularly
- With your UZH email account you will have access to → Microsoft 365 (Outlook)
- → First steps in setting up your account

You can also access lots of other topics here:

UZH for Students

Semester Enrollment • Booking Modules • Summary and Transcript of Records • Administration • FAQ • Support
Student Portal and OLAT

Student Portal

- Check your course schedule* and your exam results on your → UZH Student Portal
- UZH Student Portal → Tutorials

*Modules will only show up in your course schedule after you have booked them.

OLAT

OLAT (= Online Learning And Training platform) is used by most lecturers at UZH to manage their courses and to share course material with you.

- → Login OLAT (use your UZH login data)
- → OLAT Tutorials

If you have IT problems with either, please visit or call the → IT Service Desk
Module Booking – Module Cancelation

- You can only book modules during the module booking period / after you have paid your semester fees
- Take into account the different booking and cancellation deadlines
- Don’t miss cancellation deadlines for module you no longer want! If you miss it and don’t complete the module, it will reflect as a failed attempt in your transcript.

Helpful information on booking modules (or contact your faculty directly)
- General information on how to book modules, requirements etc.

- Canceling exams
  - Petitions for canceling exams due to illness must be handed in to the dean’s office of your faculty before the exam is taken.
Organizational Issues
Registering for a Residence Permit

- Within **14 days of arrival** in your district of residence (and in the Canton that issued your visa) with ➔ **these documents**
- ➔ **Open map**, search for «Kreisbüro» in search bar
- If you live outside the city of Zurich you will need to visit the so-called «Einwohnerkontrolle»
- Make sure to **keep your residence permit on you at all times** esp. when traveling
- Don’t forget that you need to ➔ **extend your residence permit** every year
We will be holding an information session dedicated solely to health insurance in March 2023 (details to follow).

In the meantime, have a look at our Information Sheet „Health Insurance“ to get an idea of what you will need to do.
UZH Services
Academic Advisory Services

- Each faculty has its own student advisory service
- → Academic advisory services by faculty

Administrative Support (Student Services)

- After enrollment, and for anything related to fees, exam results, student cards etc. please contact the → Student Administration Office
- Before enrollment, and for anything related to enrollment, submitting extra documentation to your admission etc. please contact the → Admissions Office
Global Student Experience

UZH (Advisory) Services Overview

👉 Career Services
👉 Disability Office
👉 ETH/UZH Housing Office
👉 IT Service Desk
👉 Office for Gender Equality
👉 Psychological Counseling Services
👉 Student Advisory Services

👉 VSUZH (Verband der Studierenden der UZH)

👉 Other Student Associations

👉 UZH “How-Tos” (Youtube)
👉 UZH now App
Learning Languages at the Self-Access Center

Grüezi Guten Tag Bonjour Buongiorno Bun Di Hello Buenos Días Goedendag God Dag Hyvää Päivää Dzień Dobry Merhaba Tungjatjeta Jó Napot Zdravstvuyte 侬好 こんにちは გამარჯობა

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About Us

- **Self-Access Center (SAC) / Selbstlernzentrum (SLZ):** We are a library for autonomous learning of foreign languages.
- **Staff:** two teachers from the language center and ten students, each of us responsible for at least one language.

Our Teaching Activities

- The Self-Access Center offers a range of learning activities (e.g. language get-togethers, writing workshops, games events, film clubs, and book clubs). These are designed to support your autonomous and cooperative language learning.
Locations and Opening Hours

- The Language Center's Self-Access Center (SAC) is located at two campuses, at the University Zentrum campus at Rämistrasse 74 and at the ETH Hönggerberg campus in the Architecture and Civil Engineering Library (HIL E2).
- Important: You will need a [Swisscovery account](#) in order to use their services.
Global Student Experience

About the ASVZ

– Academic Sports Association Zurich/Akademischer Sportverband Zürich
– University sports organization of Zurich (ETH Zurich/University of Zurich/ ZFH)
– offers all students, employees and further members of the universities a voluntary sports program
– five main sport centers
  – Polyterrasse
  – Irchel
  – Fluntern
  – Hönggerberg
  – Winterthur
– different further locations in Zurich (also in Winterthur and Wädenswil)
Welcome to the ASVZ! Register online via ASVZ app or asvz.ch and start moving.

asvz.ch/welcome
asvz.ch/willkommen

NEED HELP?
Akademischer Sportverband Zürich
Sport Center Polyterrasse
ETH Zentrum
8092 Zürich
044 632 42 10
info@asvz.ch
asvz.ch
Psychologische Beratungsstelle

Psychological Counseling Services
Professional counseling can help you overcome difficult phases in life, troubles in your studies and conflicts arising during the course of doctoral study. We are here to offer quick and effective support – also in the case of an acute crisis. Our therapists are all clinical psychologists with qualifications in psychotherapy.

The counseling services are available to all matriculated students and PhD candidates at UZH and ETH Zurich.

The sessions are confidential and free of charge.

We offer counseling in German, English, Dutch, French and Polish, and one counseling session lasts 30–50 minutes.
You can come to us with all kinds of issues, for example

- problems in a relationship or family problems
- dealing with stress, test anxiety, procrastination, writer’s block, starting a phd, conflict management for phd candidates
- cultural integration
- psychological assessment
- crisis intervention
- …

Personal Counseling

Please arrange an appointment
by phone 044 634 22 80 or e-mail: pbs@sib.uzh.ch.

We are also available during the semester breaks.

Our offices are at Plattenstrasse 28, 8032 Zürich

www.pbs.uzh.ch
WELCOME TO UZH
Representing each and every student and their interests toward the university, the public and political actors.

At UZH you’ll find three types of student organizations; Fachvereine representing the students of a subject, StudOrgs for a specific topic (ex. culture, ecology, sport...) and VSUZH, your student association

For an overview simply google [uzh student organizations]
SERVICES AND PROJECTS

Free legal consultation for any questions around your flat, work, exams and all else

Our Impulsfabrik a hub for any new projects you’d like to launch around the UZH

Nightline offers psychological counsel regarding any issues around family, friends, love, stress, sleep...
Great having you at UZH!

Get in touch and stay up to date:

info@vsuzh.ch

www.vsuzh.ch
Global Student Experience

Life in «Züri»
Global Student Experience

Life in Zurich

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Useful Apps and Information

Apps for Public Transportation

- ¿SBB (for Switzerland and beyond, plus you can get tickets directly on the app)
- ¿ZVV (for Zurich)

Other resources

- App for a ¿map of Switzerland (for hiking etc.)
- ¿TWINT for payments/transferring money easily (you will need a Swiss bank account for this

More Resources

- ¿Things to do in Zurich
- ¿Events in Zurich
- ¿KulturZüri for all kinds of things
- ¿Stadtkonzerte for concerts
- ¿Living in Zurich
Thank you!
Questions?